

## Post-Surgery

Allow yourself time to recover and rest during the first 24 hours. Avoid:

- Driving a car/signing important documents
- Drinking alcohol and smoking
- Operating machinery
- Any strenuous activity
- Looking after small children

## Our commitment to you

The Mt Gravatt Private Hospital was set up to offer the highest possible standard of care for our patients. If you as a patient or your family members need information or assistance in resolving issues concerning your admission, please feel free to call our Director of Nursing on

(07) 3543 1333.



Just past the Mt Gravatt Police Station. Across the road from Garden City Shopping Centre

**Location:** 2140 Logan Road, Mt Gravatt Qld 4122

**Telephone:** (07) 3543 1333

**Email:** [admin@mgph.au](mailto:admin@mgph.au)

**Website:** [www.mgph.au](http://www.mgph.au)

Date of Admission: \_\_\_\_\_

Admission time: \_\_\_\_\_

Last food: \_\_\_\_\_

Last fluid: \_\_\_\_\_



# MT GRAVATT PRIVATE HOSPITAL



2140 Logan Road, Mt Gravatt, QLD 4122

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## Before Admission

To complete your admission forms online, visit our eAdmission portal <https://www.preadmit.com.au/patient/MtGravattPrivateHospital>

## Payment

Our reception staff will advise you of any out of pocket expenses from the hospital. You will receive separate accounts from your surgeon and anaesthetist.

You will need to pay any out-of-pocket expenses on admission. We accept cash, Visa and Mastercard.

## Pre-Operative telephone call

The nurse will discuss with you:

- Any previous illnesses and operations
- Any allergies to food or medications
- Any special dietary requirements
- Who is taking you home and staying with you on the night of your procedure

This is an opportunity for you to ask any questions you have about your admission and the post-operative care that you will need. This call will take approximately 10 minutes.

If you develop a cough, cold or any other illness in the days leading up to your procedure, you should contact your surgeon and the hospital as your surgery may need to be postponed until you are well.

## Your day surgery admission

Our nursing staff will prepare you for your procedure. This will include confirming your personal details and checking your consent form.

## On the day of your procedure

- Shower or bath at home – you may use deodorant, but do not use talcum powder, face creams, makeup, perfumes or after shave
- You may wear your wedding ring but leave all other jewelry at home.
- Wear comfortable clothing
- It is important to continue all your normal medications unless you have been instructed otherwise
- Only bring medications with you if you have been instructed to
- If you have diabetes or are taking blood thinning medication, you will need to discuss the management of your medications with your surgeon and anaesthetist

Prior to your procedure, you will have a private consultation with the anaesthetist, who will monitor you throughout. Your anaesthetist will ask you about your general health, allergies, your current medications and any previous surgery or illnesses. You may be asked to sign a consent form for the anaesthetic.

## Your procedure

The procedure will be performed under GA, IV Sedation or Local Anaesthetic.

In the operating theatre you may be aware of noises from the equipment or the voices of the staff.

## Recovery

After your procedure you will be moved to a comfortable recliner chair and your health is monitored. You will be given light refreshments and when ready you and your carer will be given discharge instructions before returning home.